WELL GUIDE
10250 101 Street NW.

SEPTEMBER 2021

delos

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For your reference, this is a summary of the features of the WELL Building Standard applicable to your project. This summary describes the intention of each feature to help occupants better understand the purpose of the WELL Building Standard and potential benefits corresponding to each feature. If your project has been awarded WELL Certification, you may incorporate these features in your marketing materials. If your project is registered for, but has not yet been awarded, WELL Certification, you must not use the WELL Certified trademark or refer to your project as WELL Certified and, when incorporating the below feature descriptions into your marketing materials, you must indicate that the project intends to incorporate such features into its design plans and specifications.

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Air

1. Air Quality Standards: Indoor Air Quality performance thresholds intended to demonstrate high quality indoor air
2. Smoking Ban: Smoking ban implemented to reduce exposure to first- and second-hand smoke
3. Ventilation Effectiveness: Provision of adequate ventilation rates intended to reduce the build-up of indoor air pollutants
4. VOC Reduction: Selection of low-VOC interior finishes and materials meant to reduce the off-gassing and build-up of VOCs indoors
5. Air Filtration: Sufficient filtration intended to ensure reliable air quality performance over time
6. Microbe and Mold Control: The use of ultraviolet irradiation or regular inspections and cleaning to help reduce the growth of mold and bacteria on cooling coils, ceilings, walls and floors
7. Construction Pollution Management: Practices proposed to minimize the introduction of air pollutants into the building or space during construction
8. Healthy Entrance: Design parameters for the building entrance to help contain ground pollution and particulates and minimize their exposure to occupants
9. Cleaning Protocol: Recommended cleaning procedures to help maintain a hygienic environment
10. Pesticide Management: Pesticide management plan aimed to reduce pesticide and herbicide use and eliminate highly toxic chemicals
11. Fundamental Material Safety: Building material standards to help restrict the use of hazardous materials and reduce exposure to occupants
12. Moisture Management: Design strategies proposed to mitigate water damage and preserve high quality indoor air
14. Air Infiltration Management: Performance testing aimed to ensure that the building envelope is airtight
28. Cleanable Environment: Smooth and cleanable high-touch surfaces designed to maintain a hygienic environment
29. Cleaning Equipment: Guidelines for cleaning equipment that improve cleaning efficiency and reduce the need for harmful chemicals

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Water

30. Fundamental Water Quality: Water quality performance thresholds for turbidity and total coliforms to ensure acceptable water quality
31. Inorganic Contaminants: Water quality performance thresholds for inorganic contaminants in drinking water to ensure acceptable water quality
32. Organic Contaminants: Water quality performance thresholds for organic contaminants in drinking water to ensure acceptable water quality
33. Agricultural Contaminants: Water quality performance thresholds for herbicides, pesticides and fertilizers in drinking water to ensure acceptable water quality
34. Public Water Additives: Water quality performance thresholds for disinfectants, disinfectant byproducts and fluoride in drinking water to ensure acceptable water quality
35. Periodic Water Quality Testing: Periodic water testing for inorganic metals designed to monitor drinking water quality over time
37. Drinking Water Promotion: Increased access to high quality drinking water that meets performance tests intended to improve taste and odor

Nourishment

41. Hand Washing: Parameters for hand washing supplies and sink specifications designed to facilitate hand washing frequency and effectiveness in order to reduce the spread of germs

Light

55. Electric Light Glare Control: Management of glare caused by electric light to reduce visual fatigue and discomfort
61. Right to Light: Window design solutions and spatial configurations aimed at maximizing daylight infiltration

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Fitness

67. Exterior Active Design: Exterior design principles and amenities aimed at promoting walkability and physical activity
68. Physical Activity Spaces: Incorporation of indoor and outdoor fitness spaces intended to support exercise and promote physical activity
69. Active Transportation Support: Availability of bicycle storage and post-commute shower/ locker facilities to support active transportation
70. Fitness Equipment: Access to exercise equipment intended to enable cardiorespiratory and muscle-strengthening exercise

Comfort

72. ADA Accessible Design Standards: ADA compliance to ensure equal access and comfort for disabled individuals
73. Ergonomics: Visual and Physical: Incorporation of ergonomic computer screens, desks and chairs to accommodate the varying physical needs of individuals
74. Exterior Noise Intrusion: Regulation of the amount of external noise heard indoors to help promote interior acoustical comfort
75. Internally Generated Noise: Regulation of the amount of mechanically-generated noise and design considerations to help enable speech privacy and reduce distractions
76. Thermal Comfort: Establishment of optimal indoor temperature parameters intended to provide a sufficient level of comfort to the majority of the occupants

Mind

84. Health and Wellness Awareness: Access to health and wellness literature, including descriptions of WELL Features and their benefits, to help promote improved health literacy
85. Integrative Design: Comprehensive stakeholder involvement from project ideation to completion intended to ensure adherence to collective wellness goals
87. Beauty and Design I: Implementation of thoughtful design strategies that inspire delight and celebrate culture, spirit, and place, intended to positively impact occupant mood
88. Biophilia I - Qualitative: Incorporation of biophilic design strategies intended to nurture the innate human-nature connection

101-105. Innovation Features 101-105: Incorporation of innovative features to allow stakeholder contribution of wellness elements not included in the WELL Building Standard

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